

## FINANCE COMMITTEE

Dr. Baldev Singh (Convenor) (Dy. M.S.)

## PRINTING COMMITTEE

Dr. Shashi Dhara (Convenor) (M.D. Kayachikitsa)

## SCIENTIFIC COMMITTEE

Dr. Prasad Mamidi (Convenor) (M.D. Ph.D. Manasa Roga)

## MANAGING COMMITTEE

Dr. Pankaj Saklani (Convenor) (M.D. Samhita)

### CALL FOR PAPERS

The seminar includes keynote address, plenary lectures, oral and poster presentations. Papers can be submitted for oral/poster presentation on the focal theme of the Ayurveda Conference.

### ABSTRACT

Abstract should not have more than 250 words and should be sent by E-mail on or before 30 September, 2019. The following instructions may be kindly followed while preparing the abstract.

The title of the paper centered with bold capital letters (14 font, Times New Roman). Names and affiliation of the author (s) centered in bold (12 font, Times New Roman). An abstract must contain precise information including brief introduction, aim, methodology, result and conclusion (12 font, Times New Roman).

At least one author should register by paying the required registration fee.

### GUIDELINES FOR ORAL AND POSTER PRESENTATION

Maximum time for oral presentation is limited to 6 minutes. Computer and projector will be provided by the organizers. The presentation should be in MS Power Point format. The presenter should carry Sanskrit/ Hindi fonts. Posters must be portrait (84 cm wide x 119 cm height). Information on the poster should flow from left to right and from top to bottom.

Abstract should be mailed to: [abhilashiayurveda@gmail.com](mailto:abhilashiayurveda@gmail.com)

Payment receipt should also be mailed at College E-mail ID

Important deadline

Last date of submission of Abstract: 30 September, 2019

### CONTACT US

ABHILASHI AYURVEDIC COLLEGE & RESEARCH INSTITUTE  
CHAIL CHOWK, CHACHYOT, DISTT. MANDI, (HP)

PHONE: 01907-250407, MOBILE: 98170-08123, 75672-22856

### REGISTRATION DETAILS

Category	Up to 30/09/2019	Up to 10/06/2019
Students (UG)	Rs. 500/-	Rs. 700/-
Students (PG)	Rs. 800/-	Rs. 1000/-
Clinicians, Faculties, Ph.D Scholars	Rs. 1000/-	Rs. 1200/-

### PAYMENTS

Name of Account holder: Abhilashi Ayurvedic College

Account Number: 33520100053

IFSC Code: HPSC0000335

Name of Bank: The Himachal Pradesh State Co-operative  
Bank, Chail Chowk, Distt. Mandi (H.P.)

### VENUE

Abhilashi Ayurvedic College & Research Institute  
Abhilashi University, Chail Chowk, Distt. Mandi -175028  
Himachal Pradesh

### FOR MORE DETAILS

E-mail us on : [abhilashiayurveda@gmail.com](mailto:abhilashiayurveda@gmail.com)

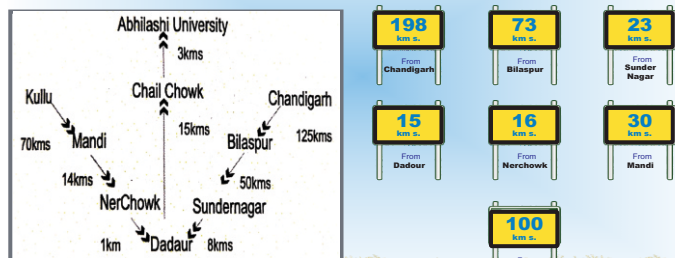
For General Queries. Abstract submission:

For registration Queries:

For Scientific Queries:

### ROAD MAP TO ABHILASHI UNIVERSITY

#### DISTANCE TO CHAILCHOWK



# abhiManthan 2019

## 3<sup>rd</sup> NATIONAL CONFERENCE

*"Role of Rasayana  
in Present Era"*

Date: 19 October, 2019



**ABHILASHI UNIVERSITY**  
CHAIL CHOWK, CHACHYOT  
DISTT. MANDI, HIMACHAL PRADESH

ORGANIZED BY:

ABHILASHI AYURVEDIC COLLEGE &  
RESEARCH INSTITUTE

## ABOUT ABHILASHI UNIVERSITY

Abhilashi University at ChailChowk, Mandi is established by the Government of Himachal Pradesh vide "Abhilashi University (Establishment & Regulation) Act, 2014". Abhilashi University is a Government recognized University with a right to confer degrees as per Section 2(f) and 22(1) of the UGC Act, 1956. The campus of the University is located at ChailChowk near Mandi (H.P.) and surrounded by lush green fields, pine and oak forests thus becomes an ideal place for study in a clean health-oriented environment. The aforesaid was the forethought for the Abhilashi Educational Society selecting such a beautiful location for the University. There are a number of places worth visiting nearby the University such as Nachan Valley, Jeeuni Valley, Janjehli Valley, Balh Valley, Sundernagar and Mandi towns. One can also enjoy snowfall once a while during the winter season. The fresh and pollution free air of this region keeps the minds of the students fresh and help them to concentrate on their studies and beat the crowd.

The management of the University, Abhilashi Educational Society, is a pioneer in managing private educational institutions in the state of Himachal Pradesh. The foundation stone of the Society was laid by Late Sh. Tulsi Ram Abhilashiji on May 21, 2001.

The students and their parents have put faith in the quality education imparted by efficient and dedicated faculty of institutions managed by Abhilashi Educational Society for the last 19 years. The Society is presently running many educational institutions of basic and technical education in the region. It includes: Abhilashi College of Education at Nerchowk, Mandi established in 2003 and running D.El.Ed and B.Ed., Abhilashi College of Pharmacy, Nerchowk, Tehsil Balt, Distt. Mandi from 2006 and onwards admitting students for B. Pharmacy Degree Programme; Abhilashi P.G. Institute of Sciences at Nerchowk, Tehsil Balt, Distt. Mandi offering M.Sc. Courses in Physics, Chemistry and Botany, T.R. Abhilashi Memorial Institute of Engineering and Technology (TRAMIET) established in 2009 imparting education in the B. Tech. and Diploma programme in different disciplines of engineering and technology. Abhilashi College of Nursing at Tanda, P.O. Balt, Distt. Mandi is imparting education in B.Sc. Nursing, GNM, ANM and Post-Basic B.Sc. Nursing courses.

## PLACES TO VISIT NEARBY



PRASHAR LAKE



SHIKARI MATA TEMPLE

## ABOUT ABHILASHI AYURVEDIC COLLEGE AND RESEARCH INSTITUTE

Abhilashi Ayurvedic College and Research Institute (A Department of Abhilashi University) is situated at such a place, the surrounding of which are so picturesque which make it more suitable for teaching and training of Ayurvedic Education and Research. The surrounding flora is rich in important medicinal plants. Abhilashi Ayurvedic College and Research Institute (A Department of Abhilashi University) is running graduation level programme, Bachelor of Ayurvedic Medicine and Surgery (BAMS), which is recognized by Central Council of Indian Medicine (CCIM), AYUSH, New Delhi. It is also running Diploma in Pharmacy (Ayurveda) course.

Abhilashi Ayurvedic College and Research Institute has its own multi-specialty 60 bedded hospital, well furnished pharmacy and herbal garden with more than two hundred species of medicinal plants. In addition to Central Library, Abhilashi Ayurvedic College and Research has its own working library with more than 10000 plus books.

## ABOUT ABHIMANTHAN 2019

Abhimanthan 2019 is the 3<sup>rd</sup> National Ayurveda Conference which is going to be organized by Faculty of Ayurveda of Abhilashi University with the theme of "Role of Rasayana in present era". Rasayana is one of the eight branches of Ayurveda which deals with prevention of ageing and the treatment of various Geriatric conditions. It has been proved scientifically that most of the Rasayana drugs possess Anti-stress, Adaptogenic tonic Immune-modulating, Anti -ageing, Anti -oxidant and also regenerative properties. Rasayana therapy has dual benefits of maintaining health (by preventing age related disease) and treating geriatric conditions.

In present era erroneous food habits, improper life style, excessive physical and mental stress, environmental pollution etc are various factors which are causing premature ageing and different types of degenerative disorders. Plenty of research has to be done on various Ayurvedic Rasayana drugs/formulations to access their role in the management of geriatric conditions.

## OBJECTIVES OF ABHIMANTHAN

The objective of this National conference is to share novel concept and foster dialogue amongst Ayurveda Physicians/Clinicians and to strengthen the practice of evidence based approach in Ayurveda across India.

## CHIEF GUEST

**Dr. Ashok Kumar Sharma**  
CCIM Member

## RESOURCE PERSONS FOR THIS CONFERENCE

**Dr. V. G. Huddar**  
Associate Professor  
All India Institute of Ayurveda,  
New Delhi

**Dr. Naresh Sharma**  
Principal  
Rajiv Gandhi Govt Post Graduate  
Ayurvedic College, Paprola

## ORGANIZING COMMITTEE



**Patron:**  
**Dr. R.K. Abhilashi**  
Chancellor, Abhilashi University



**Co-Patron:**  
**Dr. L.K. Abhilashi**  
Pro-Chancellor, Abhilashi University



**President**  
**Dr. A. S. Guleria**  
Vice-Chancellor, Abhilashi University



**Vice-President**  
**Er. Kapil Kapoor**  
Registrar, Abhilashi University

## ORGANISING SECRETARY

Mr. Narender Kumar, Finance Officer, Abhilashi University  
Dr. D. K. Mishra, Dean Cum Principal, Abhilashi Ayurvedic College & Research Institute

## ADVISOR

Dr. Baldev Singh, Dy. M.S. Abhilashi Ayurvedic Hospital

## ORGANISING COMMITTEE

Prof. Dharmendra Kumar Mishra	(M.D. Kayachikitsa)
Dr. Saudamani Devi	(M.D. Kayachikitsa)
Dr. Uma G Gubbi	(M.D. Kayachikitsa)
Dr. Prasad Mamidi	(M.D. Ph.D. Manasa Roga)
Dr. Rajesh Choudhary	(M.S. Shalakya Tantra)
Dr. Sukhwinder Pal Singh	(M.D. Rasa Shastra)

## REGISTRATION COMMITTEE

Dr. Akshay Suden	(M.S. Shalya Tantra)
Dr. Pankaj Saklani	(M.D. Samhita)
Dr. Yogesh Sharma	(M.D. Roga Nidana)
Dr. Kshama Gupta	(M.D. Ph.D. Manasa Roga)
Dr. Manu Verma	(M.D. Kayachikitsa)
Dr. Harish	(B.A.M.S.)



# abhiManthan 2019

3<sup>rd</sup> NATIONAL AYURVEDA CONFERENCE

Saturday 19<sup>th</sup> October, 2019

**"Role of Rasayana in Present Era"**



**ABHILASHI AYURVEDIC COLLEGE & RESEARCH INSTITUTE**

ABHILASHI UNIVERSITY, CHAILCHOWK, MANDI (H.P.) - 175028





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